

**GRAP2799 Fashion Range Development**  
**Assignment 3B: Individual Course Reflection**  
**My Journey**

Over the last 12 weeks, I've improved my teamwork skills and learned to understand the importance of interacting with other team members in order to achieve desired results. The first assignment allowed me to connect with my teammates and start to understand their strengths and shortcomings, which helped me figure out what abilities they could bring to the project. Working with an industry partner and pitching our ideas to them was a great experience for me. It motivated me to put more work in than usual because it presented itself as a fantastic opportunity to gather experience for my future career path.

The first task was the most difficult for me because I had difficulty connecting with some of my teammates. The language barrier proved to be an issue for all of us, and we had difficulty comprehending and articulating our thoughts. As a result, it appeared that some of us were putting in more effort than others; yet, it taught me to step up and lead, something I had never done before in group work projects. During assignment 2, it was clear that group members had incorporated feedback from the previous task and were more comfortable seeking support in areas where they were confused.

I believe that completing the Constructive Conversations Microcred gave me a lot of insight into how to better communicate with others. The workshop in particular made me understand how similar my peers' and my own concerns are, and how to address them in a mature and compassionate manner. I'm really delighted with how this course was structured, the cohesive structure of the assignments felt like a real project and it was nice to work with the same people for each part, which was educational for future practices where I'll be collaborating in a workplace environment. I've strengthened my problem-solving skills and pushed myself out of my comfort zone by providing constructive feedback to peers, which was tough at times but resulted in positive communication. I also believe that this advancement in communicating problems will benefit my personal life; in the past, I have struggled to voice my concerns in relationships because I was afraid of conflict. I've learned how to approach situations and conversations in a positive and constructive manner as a result of this project and the microcred.

I was initially apprehensive about the little time we had to present/pitch our results to Caprice in each assignment, but it allowed me to develop my conciseness. I found it difficult to condense research into a 5-minute presentation, but with each assignment, it became simpler to eliminate irrelevant information and concentrate on the most important points. This has helped me build stronger time management skills by requiring me to present under time constraints, which I believe will be useful in the future when working in the industry or on other university projects.

**Skills development reflection**

**Delegation:** In my most recent industry project, I effectively delegated tasks to each team member to ensure the workload was balanced, fair, and aligned with each member's strengths, resulting in a cohesive, high-quality presentation.

**Empathy:** In team settings, I consistently empathized with other members in order to promote effective, constructive communication and to create a welcoming comfortable environment for others to seek assistance. This skill enabled me to resolve challenges in my most recent project promptly in order to fulfill deadlines.

**Initiative:** I am confident that I have demonstrated strong initiative and adopted a leadership role in team settings. I have often initiated group meetings and discussions in order to work successfully as a team, which has benefited in achieving a high standard of work.