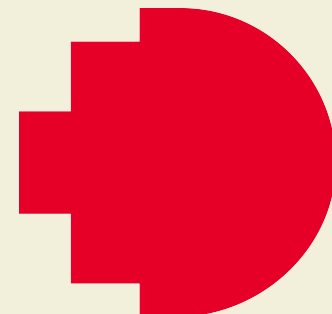# Long COVID Assessment Management Practice (LAMP) Project - Research Overview

Arm 1 - Focus on lived experiences of long COVID

Years 1 - 4

This phase adopts qualitative and quantitative approaches to examine people's lived experiences of the impact of long COVID over the short and long term (up to three years) across diverse and national population groups. Methods have been carefully designed to ensure the representation of high-priority communities, including culturally and linguistically diverse (CALD) groups, First Nations people, people with low income, and people living in regional, rural and remote areas.

Arm 2 - Exploring health service factors

Years 2 - 3

Arm 2 focuses on mapping and understanding the long COVID health service context and systematically reviewing best practices. This phase also examines the experience of medical and allied health practitioners that have worked with, and provided support to, people living with long COVID. Throughout Arms 1 and 2, knowledge translation resources and events will be actively developed and delivered to ensure that research insights reach relevant communities and stakeholder groups.

Arm 3 - Co design and evaluation in practice

Years 3 - 5

Arm 3 brings the insights from Arms 1 and 2 together to co-design resources, interventions and a model of care for people living with long COVID. People with lived experience, medical and allied health practitioners, advisory group members and the research team will engage in co-design activities that will translate the research findings into meaningful outputs to positively impact health service provision and outcomes for people living with long COVID.