



Tony Huynh

Personal Trainer Profile

I believe that consistency is the key to success. I support all my clients by holding them accountable and ensure that they are consistently challenging themselves every workout. I enjoy utilising training methods that are backed by science to assist with goal and result attainment.

Qualifications

- Bachelor of Exercise Science
- Certificate III & IV in Fitness

Specialties

- Power Lifting and Bodybuilding
- Correcting Exercise Technique
- Using Goal Setting to Achieve Outcomes
- Fun Exercise Routines

Hobbies

- Fishing
- Dancing
- Lifting Weights