

# Bachelor of Applied Science (Psychology) (Honours)

This RMIT honours program is accredited by the Australian Psychological Accreditation Council (APAC).

Successful completion of the program is a requirement for entry into accredited postgraduate programs, such as the Master of Clinical Psychology.

## Program snapshot

Program code: BH000



### Duration

Full-time: 1 year  
Part-time: 2 years



### Location

Bundoora Campus



### Application

Apply direct to RMIT

[rmit.edu.au/programs/bh000](https://rmit.edu.au/programs/bh000)

## Career outlook

The program is designed to prepare you for postgraduate studies in psychology (e.g. Master of Clinical Psychology or postgraduate research).

You'll also be equipped with the skills to enter employment in workplaces that value knowledge and training in psychology, such as human resources, public relations or psychosocial rehabilitation. Human services organisations offer many work opportunities.

Typically, provisional psychologists work in education, human services and in community medicine, supervised by experienced registered psychologists.

## Professional recognition

The program is accredited by the Australian Psychology Accreditation Council (APAC). Graduates are eligible for associate membership of the Australian Psychological Society (APS) and are eligible to apply for provisional registration, allowing them to practise in any Australian state or territory.

To be eligible to apply for full registration as a psychologist, you must complete the Master of Clinical Psychology, or an equivalent program.

The Psychology Board of Australia standards and guidelines determine that all applicants for registration need English language skills at IELTS academic level 7.0, or equivalent, within the two years preceding registration.

## Program structure

The program consists of 96 credit points. You will complete four formal courses of 12 credit points each that will introduce you to professional issues and ethics, research methods and data analysis in contemporary psychology.

The remaining 48 credit points are associated with conducting an original research project under the guidance of your supervisor.

As part of the assessment you will be required to submit a comprehensive literature review and a thesis describing your research.

The program will provide you with first-hand experience of conducting research and will equip you with the knowledge and skills needed to be an objective research-practitioner in psychology.

## Entry requirements

A limited number of places are available each year. To be considered, applicants must have:

- successfully completed an APAC-approved three-year psychology sequence with an average of at least 75 per cent for the APAC approved sequence; or
- any undergraduate degree and successful completion of an APAC-approved fourth year of study in psychology, with an average of at least 75 per cent in the entire APAC approved sequence.

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# Psychology research supervisors

Potential supervisors for 2019 are listed below. Research areas indicate the fields in which supervisors are experts and may be willing to negotiate projects. This list is not all inclusive and staff availability for the supervision may vary from year to year. Complete program-specific supervisor lists are available at the start of the academic year.

Prospective honours students may contact staff to discuss project ideas, and to discuss projects that students have undertaken in previous years.

## Dr Wendell Cockshaw

Email: [wendell.cockshaw@rmit.edu.au](mailto:wendell.cockshaw@rmit.edu.au)

- Sense of belonging
- Social causes of depression
- Interpersonal rejection sensitivity
- Mental well-being and flourishing

## Dr James Collett

Email: [james.collett@rmit.edu.au](mailto:james.collett@rmit.edu.au)

- Hoarding disorder
- Risky decision-making
- Vindictiveness
- Trait approaches to clinical disorders

## Dr Russell Conduit

Email: [russell.conduit@rmit.edu.au](mailto:russell.conduit@rmit.edu.au)

- Sleep
- Sleep disorders
- Autism spectrum disorders
- Paediatric sleep

## Dr Alexander De Foe

Email: [alexander.defoe@rmit.edu.au](mailto:alexander.defoe@rmit.edu.au)

- Body ownership illusions
- Virtual reality simulation
- Altered states of consciousness
- Transpersonal psychology and counselling practice
- Neurophilosophy (mind-brain problem)

## Dr Mirella Di Benedetto

Email: [mirella.dibenedetto@rmit.edu.au](mailto:mirella.dibenedetto@rmit.edu.au)

- Health psychology
- Chronic illness and depression
- Self-care

## Ms Loretta Giummarra

Email: [loretta.giummarra@rmit.edu.au](mailto:loretta.giummarra@rmit.edu.au)

- Vision
- Behavioural & molecular neuroscience
- Neurobiology of stress

## Dr Melinda Jackson

Email: [melinda.jackson@rmit.edu.au](mailto:melinda.jackson@rmit.edu.au)

- Sleep disorders
- Sleep and performance
- Memory and mental health

## Dr Merv Jackson

Email: [merv.jackson@rmit.edu.au](mailto:merv.jackson@rmit.edu.au)

- Social psychology
- Forensic psychology
- Cross-cultural psychology
- Gender issues
- Qualitative methodology

## Prof. Gerard Kennedy

Email: [gerard.kennedy@rmit.edu.au](mailto:gerard.kennedy@rmit.edu.au)

- Sleep disorders
- Circadian rhythms
- Biological basis of behaviour
- Clinical and health psychology

## Dr Robin Laycock

Email: [robin.laycock@rmit.edu.au](mailto:robin.laycock@rmit.edu.au)

- Autism Spectrum Disorders
- Visual attention and perception
- Emotion processing
- Sub-conscious processing
- Anxiety

## Dr Eunro Lee

Email: [eunro.lee@rmit.edu.au](mailto:eunro.lee@rmit.edu.au)

- Applied statistics
- Neuro-social psychology
- Social identity and group performance
- Restorative justice and therapeutic jurisprudence
- Psychometrics

## Mr Mark Lee

Email: [mark.lee@rmit.edu.au](mailto:mark.lee@rmit.edu.au)

- Clinical psychology
- Positive psychology and well-being
- Organisational psychology
- Student well-being

## Dr Melissa Monfries

Email: [melissa.monfries@rmit.edu.au](mailto:melissa.monfries@rmit.edu.au)

- Anxiety and depression
- Relationships
- Social psychology
- Effects of pets on mental health
- Post-traumatic growth

## Dr Prasada Rao Podugu

Email: [prasad.podugu@rmit.edu.au](mailto:prasad.podugu@rmit.edu.au)

- Clinical neuropsychology
- Mental health of older adults
- Cultural aspects of health and illness
- Dementias
- Neuroprotective factors of brain

## Dr Chris Powell

Email: [chris.powell@rmit.edu.au](mailto:chris.powell@rmit.edu.au)

- Intelligence theory
- Intellectual curiosity
- Trait approaches to personality
- Predictors of academic performance
- Confidence

## Dr Imogen Rehm

Email: [imogen.rehm@rmit.edu.au](mailto:imogen.rehm@rmit.edu.au)

- Clinical psychology
- Obsessive-compulsive and related disorders
- Anxiety and emotion regulation
- Digital health
- Health psychology

## Prof. Stephen Robinson

Email: [stephen.robinson@rmit.edu.au](mailto:stephen.robinson@rmit.edu.au)

- Neuroscience
- Obstructive sleep apnoea
- Mild cognitive impairment
- Dementia
- Gut-brain axis

## Dr Lauren Saling

Email: [lauren.saling@rmit.edu.au](mailto:lauren.saling@rmit.edu.au)

- Age-related linguistic deficits
- Psychology of Facebook use
- Moral judgement
- Procrastination

## Dr Sharynn Schuster

Email: [sharynn.schuster@rmit.edu.au](mailto:sharynn.schuster@rmit.edu.au)

- Enuresis
- Parenting
- Child clinical and developmental psychology

## Dr Sophia Xenos

Email: [sophia.xenos@rmit.edu.au](mailto:sophia.xenos@rmit.edu.au)

- Clinical / Forensic psychology
- Narcissism and social media
- Cross-cultural psychology
- Teaching and learning