

Bachelor of Health Science/ Bachelor of Applied Science (Osteopathy)

2019

Undergraduate

Osteopathy is a form of manual therapy that focuses on the musculoskeletal system and related disorders.

RMIT's osteopathy degree was the first of its kind in Australia. Osteopaths are trained in diagnosis, management and treatment of musculoskeletal pain disorders. They combine conventional medical examination and testing procedures with skills of palpation and motion testing to inform their clinical rationale for treating a patient's condition.

Osteopaths make treatment and management decisions that are patient-centered. They utilise a variety of approaches and techniques to manage a patient's condition, tailoring it to suit the individual. Additionally, they may prescribe rehabilitation exercises and provide lifestyle advice on health, nutrition, posture, occupational inefficiencies, sport, and other related areas to optimise health and well-being.

As part of this program, you will be trained to safely and competently undertake a structured clinical encounter. This includes gathering clinical information, clinical reasoning, musculoskeletal diagnosis, performing a health assessment and physical examination, and developing treatment strategies to effectively manage a patient's musculoskeletal complaint.

You will begin work-integrated learning in first year, with clinical encounters in the RMIT Health Sciences Clinic.

In the final two years, you will conduct safe, skilled evaluation, diagnosis, and management of a wide range of musculoskeletal complaints under the supervision of qualified and nationally registered osteopaths, over a period of 38 weeks per year.

Career outlook

There is a high demand for osteopaths in Australasia and in certain overseas locations. Graduates are primarily employed or self-employed in private osteopathic clinics or multidisciplinary clinics.

Industry connections

In your final year, you will have the opportunity to undertake a work placement in an Australian osteopathic clinic.

At the RMIT Health Sciences Clinic, Bundoora, you will provide manual healthcare under the supervision of qualified and nationally recognised osteopaths.

Professional recognition

The program is accredited with the Australasian Osteopathic Accreditation Council. Graduates can apply to the Osteopathy Board of Australia for national registration as an Osteopath.

International opportunities

Overseas study opportunities may be available, with osteopathy students recently visiting India to undertake supervised clinical practice over a six-week period.

Program snapshot

Program code: BP279

Duration

Full-time: 5 years

Location

Bundoora campus

Selection mode

ATAR (2018: 63.15)

How to apply

Semester 1: VTAC
vtac.edu.au

Semester 2: Direct to RMIT
rmit.edu.au/programs/apply/direct

Fees

For local fee information:
rmit.edu.au/programs/fees

Contact

Info Corner
330 Swanston Street
(cnr La Trobe Street)
Melbourne VIC 3000
Tel. +61 3 9925 2260

rmit.edu.au/programs/bp279

Program structure

Year 1

You will learn to demonstrate fundamental techniques, describe the structure and function of the human body and develop diagnostic palpation skills.

You will study anatomy, biochemistry and physiology as well as clinical sciences in the foundations of osteopathic techniques, principles and palpation.

Year 2

You will expand your range of techniques, learning musculoskeletal diagnosis and refining your palpation skills. You will also expand your knowledge of anatomy, physiology, microbiology, immunology and genetics as a foundation for clinical practice.



Year 3

You will focus on refining your skills on gathering information from a patient, formulating working diagnoses through a process of diagnostic reasoning, and advancing your examination techniques. Your studies in clinical sciences will include simulated clinical practicum and tutorials; high velocity/low amplitude techniques; and evidenced-based healthcare.

Years 4 and 5

The final two years have a clinical practice focus. You will be exposed to adjunctive clinical interventions such as exercise prescription, nutrition and primary healthcare management. Most of your clinical training will occur in the RMIT Health Sciences Clinic at University Hill, Bundoora, and via the final-year external placement. Students in fifth year have the opportunity to seek external clinical placement subject to approval.

Year 1	Osteopathy Theory and Practice 1	Biology of the Cell	Introduction to Human Biosciences	Chemistry for Health Sciences
	Osteopathy Theory and Practice 2	Limb and Trunk Anatomy	Professionalism and Evidenced-Based Healthcare	Research in Health Science
Year 2	Osteopathic Theory and Practice 3	Biomechanics and Functional Anatomy	Head and Visceral Anatomy	Human Physiology 1 - Body Systems
	Osteopathic Theory and Practice 4	Human Physiology 2 - Body Systems	Clinical Microbiology, Immunology and Genetics	Neuroscience
Year 3	Osteopathic Theory and Practice 5	Pharmacology and Toxicology	Medical Examination 1	Introduction to Pathology
	Osteopathic Theory and Practice 6	Introduction to Clinical Practice	Medical Examination 2	Advanced Pathology
Year 4	Introduction to Diagnostic Imaging	Osteopathic Clinical Practice 1	Differential Diagnosis in Western Medicine	Primary Healthcare Management & Rehabilitation
	Systemic and Lifestyle Disease Management	Osteopathic Clinical Practice 2	Occupational and Adjunctive Therapeutics	Working with Psychological Health and Disease
Year 5	Clinical Presentations across the Lifespan	Osteopathic Clinical Practice 3	Advanced Clinical Theory and Practice	Law and Ethics and Private Practice Business Management
	University Elective	Osteopathic Clinical Practice 4	Osteopathic Practice Portfolio	

 Compulsory courses  University electives

Please note: This is an example of the program structure. Courses may change and may not be available each semester.

Additional information

Non-Year 12 applicants may submit additional information if they would like it to be considered. For semester 1 intake, this can be completed through the VTAC Personal Statement online. For semester 2 intake, this can be completed through the personal statement in the Apply Direct application.

Working With Children Check: Students must hold a valid Working With Children Check prior to undertaking the clinical components of this program.

Police Check: Students must present evidence of a successful National Police Records Check prior to undertaking the clinical components of this program.

Inherent requirements: This program has inherent requirements. These are non-academic abilities you will need to complete this program that relate to your physical capacity and behavioural stability. Check the website for a full list of the Bachelor of Health Science/Bachelor of Applied Science (Osteopathy) inherent requirements.

This information is designed for Australian and New Zealand citizens and permanent residents of Australia.

Disclaimer: Every effort has been made to ensure the information contained in this publication is accurate and current at the date of printing. For the most up-to-date information, please refer to the RMIT University website before lodging your application. Visit www.rmit.edu.au. RMIT University CRICOS Provider Code: 00122A. RMIT Registered Training Organisation code: 3046. Prepared June 2018.