Preparing for a Careers Consultation

Skilled Careers Consultants can help you make informed career-related decisions and develop strategies to achieve your career and life goals.

How a careers consultant can help you

The counselling process may involve helping you identify interests and abilities and clarify values and goals.

Consultants can also help you explore and understand the opportunities available to you. If you are struggling with a decision about whether to leave or change your program, you may wish to discuss it with a consultant.

Consultants can also provide you with some structure to help you explore your career options but cannot provide you with all the answers or make your decisions for you.

To gain the most benefit from a counselling session you should complete the following preparation and exploration before booking an appointment.

Career research and self-assessment

- Visit www.rmit.edu.au/careers, where there are links to many career planning resources, career tips, and videos.
- Check out www.myfuture.edu.au, an interactive site that helps you to identify your strengths and preferences and the types of jobs that may interest you. It also provides descriptions of most of the jobs currently available, short videos and resources for locating further information.
- View the Career Profiles on the Graduate Careers website: graduatecareers.com.au
What careers consultants do not do

Consultants do not have responsibility for administrative issues relating to:
- electives
- credit for previous study
- prerequisites
- dropping or adding courses
- changing programs within your school.

These are best handled by your year level or program coordinator.

If you need assistance in these areas, visit:
www.rmit.edu.au/students/administration

Further study
For postgraduate study options, see:
- www.rmit.edu.au/programs
- www.myfuture.edu.au
- www.jobguide.deewr.gov.au
- www.vtac.edu.au for postgraduate teaching courses
- other university websites.

International work and study options
- RMIT has many partner institutions for exchange programs.
  see www.rmit.edu.au/global

Further information
See the Resumes section on our Jobs and Career advice web pages

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